

# 4X4 DRIVER TRAINING

FLEETMASTER  
GROUP

## COURSE OBJECTIVES

The LANTRA 4x4 driving professional users course is designed for all drivers who need to use their vehicles in off road situations at work.

The one day experienced 4x4 operator course is available to previously trained operators, and covers the same knowledge and skills as the two day course. The same levels of understanding and driving skill will need to be demonstrated prior to certification.

### ASSESSMENT CRITERIA



Pass or Fail

### COURSE LENGTH



Full-Day

### AWARDING BODY



LANTRA

### RESOURCES



Online workbooks and information guides available

### COURSE COST



Please Request

## COURSE CONTENT

- The vehicle – it's capabilities and limitations
- The environment – reading terrain and safe techniques for all off road situations
- Off road technology – differential locks, ABS, Descent controls and Traction Control
- Common additions to off-road vehicles
- Hill Ascents
- Hill Descents
- Failed Ascents
- Skid avoidance and handling
- Regaining traction
- Cross Axle situations
- Common off-road hazards
- Safeguarding the environment
- Health & Safety legislation for off-road drivers (PUWER & HSAW)
- Controlling and ensuring a safe working environment while off road
- The dangers involved in vehicle recovery

