

# SAFED (Safe and Fuel Efficient Driving) COURSE

# FLEETMASTER GROUP

## COURSE OVERVIEW

This course is delivered in the customers vehicle 1-1 or 2-1 if the vehicle has 3 seats. This course has proved to be very successful in not only lowering the amount of fuel used over a prolonged period, but also reducing the risk of incidents that drivers face day to day. The day starts with a presentation to set some parameters for the day and to introduce the concept of fuel efficient driving. At the end of the course each driver will have a better understanding of the driving task involved on today's roads, be better equipped to deal with the pressures and be more aware of fuel consumption and how to reduce this use. The session starts off with a licence check and introduction to the course. Drivers completing the course often see a reduction of 10% saving in fuel usage.



Vehicle for on-road and a classroom for theory.



7 hours



JAUPT



Online workbooks and information guides available



Please Request

## COURSE CONTENT

- WHAT IS ECO DRIVING?
- STATISTICS SURROUNDING FUEL USE
- ECO DRIVING TECHNIQUES
- REDUCING THE WEAR AND TEAR ON YOUR VEHICLE
- CORRECT LOADING AND FUEL SAVINGS

### PRE-DRIVING SAFETY CHECKS:

- Driving licence
- Eyesight
- Vehicle checks

### PRACTICAL ON-ROAD TRAINING:

- Initial assessment drive by delegates with debrief and set training objectives
- Train key objectives to develop driver's ability
- Final assessment drive to ensure progress has been made

### - COURSE SUMMARY

### CLASSROOM

- SKILFUL USE OF GEARS AND BRAKES
- SPEED CHOICE
- OPERATING ENVIRONMENT – INCLUDING UPHILL AND DOWNHILL
- O.A.P AND HAZARDS
- LGV EFFICIENT DRIVING

